



Virtual Lecture Series

Pharmacological & Therapeutic Effects of Top 75 Traditional Ayurvedic Medicines (TAM)

Session 3

Pharmacological & Therapeutic effects of Amritarishta

Expert Speaker

Expert Speaker

Special Guest

Special Guest



Dr. Binay Sen
BAMS, MD, Ph.D. (Ay)
Assistant Professor
Dravyaguna, BHU.

Dr. Shailesh V Deshpande
BAMS, MD (AY)
Professor Kayachikitsa
Parul University, Gujrat

Mr. Satish Thakkar
FCPA, FCGA
Chair, Canada India
Foundation

Dr. Pratibha Shah
BAMS, MD (Ay). MPH
President, Council for
Ayurveda Research

Panelist



Dr Venkata N Joshi
BAMS, MD, Ph. D (Ay)
Director, Association of
Ayurveda academy, UK.

Moderator



Dr. Madan Thangavelu
European Ayurveda
Association
Cambridge, UK

Panelist



Dr. Pallavi Sodhi Patankar
International Ayurveda
League
Mumbai, India

Convenor & Host



Vaidya Harish Verma
Canadian Ayurvedic
Practitioners Association
Toronto, Canada

Amritarishta is a polyherbal hydroalcoholic Ayurvedic preparation and traditionally used by Ayurvedic Practitioners as a choice of remedy in mostly all types of fevers. The chief ingredient of Amritarishta is Guduchi, dried stem of *Tinospora cordifolia*. The chemical constituents reported from stems of *Tinospora cordifolia* have many notable medicinal properties such as antidiabetic, hepatoprotective, antioxidant, antimalarial, immunomodulatory and antineoplastic properties.

One study showed significant antibacterial activity of Amritarishta against common human pathogens as *Staphylococcus aureus*, *Bacillus subtilis*, *Salmonella typhii*, *Escherichia coli* and *Pseudomonas aeruginosa*. In another study on Amritarishta-T and Amritarishta-M prepared by traditional and modern methods respectively showed significant diuretic, natriuretic and kaliuretic effects. To know more, register here:

Program	
Sunday: July 3rd, 2022	Live on - Facebook
Time: 10:30 am to 11:30 am (EST)	Zoom - Register Here
8:00 pm to 9:00 pm (IST)	