



Canadian College of
Ayurveda and Yoga

{ in
association
with }

Tathastu SO BE IT
Eastern Wisdom for Mind • Body • Soul



European
Ayurveda
Association



International
Ayurveda
League



Canadian
Ayurvedic
Practitioners
Association



ASSOCIATION
AYURVEDA
ACADEMY CIC

Virtual Lecture Series

Pharmacological & Therapeutic Effects of

Top 100

Traditional Ayurvedic Medicines

(TAM)

Part -1

Top 25 Ayurvedic Classical Preparations

S. No.	Ayurvedic Classical Formulation	Speaker 1 Dravyaguna / Bhishajya Kalpna Expert	Speaker 2 Kayachikitsa Expert	Date / Time
1.	TRIPHALA CHURNA			19 th June 2022 IST 8:00pm to 9:00pm
2.	KUMARIASAVA			26 th June 2022 IST 8:00pm to 9:00pm
3.	AMRITARISHTA			IST 8:00pm to 9:00pm
4.	ASHWAGANDHARISHTA			IST 8:00pm to 9:00pm
5.	KANCHNARA GUGGUL			IST 8:00pm to 9:00pm
6.	BRAHMI VATI			IST 8:00pm to 9:00pm
7.	DASHAMOOLARISHTA			IST 8:00pm to 9:00pm
8.	ASHOKARISHTA			IST 8:00pm to 9:00pm
9.	HINGWASHTAK CHURNA			IST 8:00pm to 9:00pm
10.	SANSHAMANI VATI			IST 8:00pm to 9:00pm
11.	SITOPALADI CHURNA			IST 8:00pm to 9:00pm
12.	TRIKATU CHURNA			IST 8:00pm to 9:00pm
13.	ARJUNARISHTA			IST 8:00pm to 9:00pm

14.	CHANDERPRABHA VATI		IST 8;00pm to 9:00pm
15.	MAHA NARAYANA TAILA		IST 8;00pm to 9:00pm
16.	MAHATIKTA GHRITAM		IST 8;00pm to 9:00pm
17.	BRIHAT MANJISHTADI KWATHA		IST 8;00pm to 9:00pm
18.	ASHWAGANDHADI LEHYAM		IST 8;00pm to 9:00pm
19.	AVIPATIKARA CHURNA		IST 8;00pm to 9:00pm
20.	JATYADI GHRITHAM		IST 8;00pm to 9:00pm
21.	ANU TAILAM		IST 8;00pm to 9:00pm
22.	GOKSHURADI GUGGUL		IST 8;00pm to 9:00pm
23.	KHADIRARISHTA		IST 8;00pm to 9:00pm
24.	YOGARAJA GUGGULU		IST 8;00pm to 9:00pm
25.	RASAYANA CHURNA		IST 8;00pm to 9:00pm

Instructions for Presentation

Expert Speakers: Will give 15 minutes Power Point Presentation.

Audience: General Public living in USA, CANADA, EUROPE & UK, Ayurveda & Yoga Practitioners in western countries.

Language: Language will be English. However, references of Sanskrit or Hindi are acceptable.

Technical Instructions

All speakers should be trained in handling Computer/phone/pad internet to minimize network issues.

Join on



Watch on



19th JUNE, 2022 SUNDAY



IST (India Time) 8:00pm to 9:00pm



EST (New York Time) 10:30am to 11:30am



UTC (United Kingdom Time) 3:30pm to 4:30pm