



Opportunity for  
Qualified Nurses, Naturopaths, Chiropractors,  
Medical Doctors, Dentists, Osteopaths,  
Orthomolecular Practitioners, Pharmacists  
Kinesiologists, Yoga Teachers, Science  
Graduates & other registered healthcare  
professionals to become

# Ayurvedic Practitioner in Canada

🇨🇦 NOC : 3232

Diploma in Ayurveda  
& Natural Healing  
(D.A.N.H.)

1000 Hours (2 years) Part-Time  
(Hybrid Course - Online & In-Class Course)  
for Healthcare Professionals  
& Science Graduates

For more details visit our Website  
[www.CCAYcollege.com](http://www.CCAYcollege.com)



Learn basic principles of Ayurveda, doshas (vata, pitta, kapha), sub-doshas, manas (rajas, satva, tamas), prakriti/vikruti paradigm, dhatus (seven tissues), agni (metabolism), channel systems, nutrition, shad rasa (six tastes), samprapti (pathogenesis), dinacharya (daily routine), preparation of ayurvedic remedies and food supplements for common diseases, dietary and lifestyle guidelines, Ayurvedic method of pulse reading, head & body massage techniques, marma therapy, detoxification, rejuvenation, yoga and meditation.



Canadian College of  
Ayurveda and Yoga

# Diploma in Ayurveda & Natural Healing (D.A.N.H.)

1000 Hours Part-Time (Hybrid Course - Online and In-Class Course)



This Diploma offers course on:

-  **Ayurvedic Dietary & Lifestyle Guidelines**  
(Food & Nutrition Concept)
-  **Ayurvedic Method of Diagnosis**  
(Traditional Tongue & Pulse Reading)
-  **Ayurvedic Head & Body Massage**  
(Shirodhara & Abhyanga)
-  **Ayurvedic Detox & Rejuvenation**  
(Panchakarma & Rasayan Karma)
-  **Herbal Medicines & Food Supplements**  
(Canadian Natural Health Products)



CURRICULUM  
OF DIPLOMA IS  
BASED ON W.H.O.'S  
BENCHMARK FOR  
TRAINING IN  
AYURVEDA

After completing Diploma in  
Ayurveda and Herbal Medicine

The students can apply for  
Professional Registration as  
**AYURVEDIC PRACTITIONER**  
with Canadian Ayurvedic  
Practitioners Association (CAPA) & will be eligible to take Errors and  
Omissions Insurance.



## CAREER PATHWAYS

- ★ Ayurvedic Clinics
- ★ Spas and Resorts
- ★ Natural Medicine Consultation
- ★ Natural Health Food Stores
- ★ Nutraceuticals Industry
- ★ Cosmeceuticals Industry
- ★ Functional Food Industry
- ★ Health Clubs, Yoga Studios
- ★ Teaching and Education
- ★ Sports and Fitness Industry
- ★ Health related Broadcasting Media

About this 1000 Hours (2 Years) Part-Time (Hybrid Course) :

- Pre Requisite : Eligible candidates include but is not limited to Certified Naturopaths, Medical Doctors (MBBS), Dentists (BDS), Osteopaths, Orthomolecular Practitioners, Registered Nurses, Chiropractors, Pharmacists (B.Pharm), Yoga Teachers and other qualified healthcare professionals. Candidates should be 18 years and above, and should be fluent in verbal and written English.
- 500 Hours Mandatory Clinical Internship under any Registered Ayurvedic or Naturotherapy Practitioner is mandatory after the completion of 1000 contact hours
- The course will be delivered on weekends (Saturday & Sunday)
- Practical Training will be given during the course by various experts of Ayurveda

After completion of program, the practitioner will be able to :

- Promote health and wellness through evaluation of nutritional status and recommendation of dietary advice and nutritional supplements to promote and maintain health and wellness
- Ayurvedic Nutrition Consultation
- Canadian Natural Health Products or Dietary Supplements
- Metaphysics to include Nutrition therapy and Eastern Meditative Arts
- Physical Therapy to include Rehabilitative Exercises, Yoga, Ayurveda Detox Programs and Rejuvenation Programs